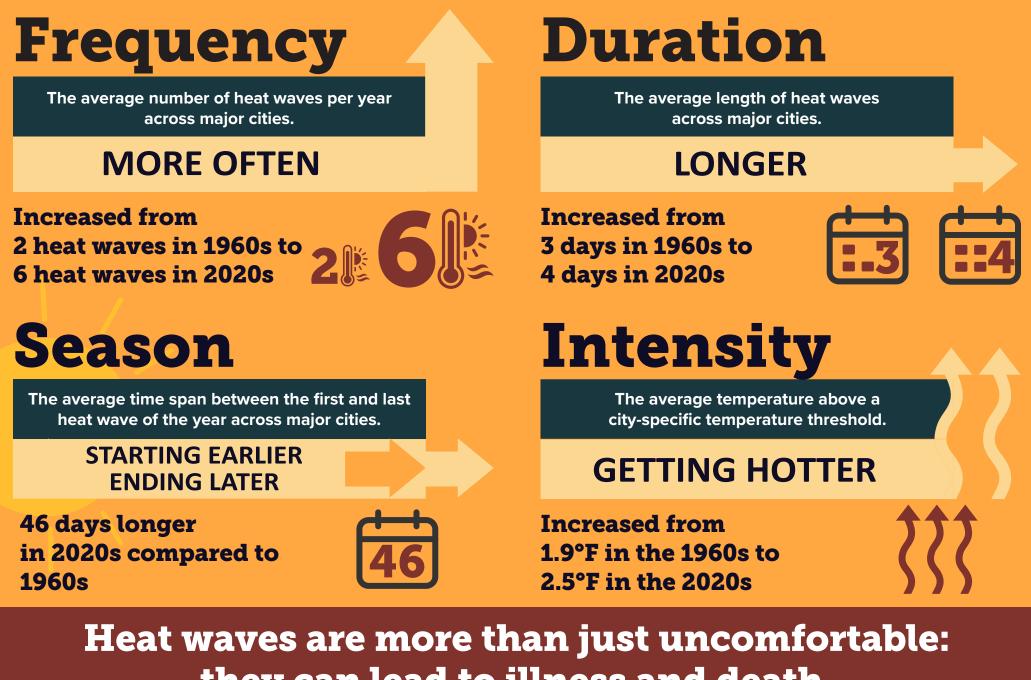
Climate Change & Heat

As the Earth's climate warms, hotter-than-usual days are becoming more common. A persistent period of unusually hot days is referred to as an extreme heat event or a heat wave.

Heat waves are occurring more often, lasting longer, and getting hotter.



they can lead to illness and death.

HEAT-RELATED DEATHS



14,000 Americans have died from heat-related causes since 1979, according to



Taking action: the best defense against extreme heat is to be prepared, and remember...

GET READY.

Stay up to date on your local weather forecast and be aware of extreme heat events.

GET SET.

Know the symptoms of heat-related illnesses and what to do in an emergency.

GO.

Stay cool during heat waves. Avoid being outside during the hottest part of the day.

SEPA epa.gov/climate-indicators

